

Diligent and resourceful student, skilled in languages, music and resolution of problems. Quick and enthusiastic learner highly responsive to the delivery of services, and focused on helping others.

Work History

2019-06 - Babysitting in Puerto Banús

2019-08 *Private Family, Marbella, Málaga*

- Babysitted two 3 and 7 year old girls (part-time).
- Took care of cooking and bathing
- Enjoyed indoor and outdoor activities with the girls
- Provided piano lessons occasionally (7 year old)

2019-04 - Marine Conservation Volunteer

2019-05 *Projects Abroad, Krabi, Thailand*

- Participated in daily team dives to develop data collection and offered revision of proper protocols to meet the coral reef protection objectives
- Shared the coral reef related data collected during dives with local authorities and universities in the hope of using the information to make positive change
- Took part in mangrove reforestation work to protect coastlines and offset carbon emissions, as well as educating local communities about their impact
- Participated regularly in collective , monitored beach clean ups
- Helped clean sea turtle tanks in marine biology rehabilitation centres (Phuket)

2019-03 - Medical Intern Volunteer

2019-04 *Projects Abroad, Kathmandú, Nepal*

- Improved access to basic healthcare for disadvantaged groups as a medical intern
- Assisted doctors and nurses with health checks and administering basic medication in the suburban or remote communities
- Participated in health and hygiene outreaches at local schools (including dental check-ups)
- Engaged in preparing and imparting first aid and safety workshops
- Attended and shadowed doctors in surgeries such as caesarean sections
- Partnered with team of registered nurses to achieve overall well-being of all patients

2019-02 - Medical Assistant Volunteer

2019-03 *Projects Abroad, Cusco, Perú*

Carolina

Personal Info

Address

Marbella, Málaga

E-mail

[REDACTED]

Skills

Babysitting

Piano and Transversal flute playing and teaching

Language Teaching

Fundraising

Public Relations

Skiing

Photography

Horse riding

Animal care and management

Languages

Spanish (Advanced)

English (Advanced)

German (Beginner)

French (Beginner)

- Provided assistance to local doctors and nurses in a disadvantaged public health hospital
- Explained procedures to patients to reduce anxieties and increase patient cooperation
- Collected and documented patient medical information such as blood pressure and weight
- Prepared and administered medications and vaccinations to alleviate and prevent patient symptoms
- Handled the sterilization process of gauzes and other medical instruments
- Obtained accurate medical histories from patients, highlighting critical information
- Conducted observation, visualization techniques and semi-structured interviews and surveys including blood tests and general health check ups at disadvantaged schools and rural isolated areas

2019-01 -

English Teacher Volunteer

2019-02

Projects Abroad, Cusco, Perú

- Assisted children with basic English lessons to boost their confidence and future prospects
- Took part in networking sessions to discuss general education in Peru
- Built learning skills to help with personal growth in addition to increasing academic knowledge
- Evaluated academic performance and social relationships to identify and help struggling students
- Prepared and implemented lesson plans covering basic teaching skills, games and learning strategies to encourage students to engage in class interaction
- Tracked student progress using exams and weekly graded assignments, keeping detailed notes and working with students to identify and rectify issues

2018-10 -

Children's Surf Coach Volunteer

2018-12

Projects Abroad, Cape Town, South Africa

- Cooperated in repopulation and reconstruction of razed burnt down townships
- Coordinated food, clothing and household items for disadvantaged individuals and fire victim families
- Provided support to troubled children from the townships and reformatory institutions to adjust to physical and cognitive limitations
- Instructed disabled and troubled children in surf lessons as a sports and water therapy rehabilitation
- Participated in workshops on environmental and nutrition education as well

as in collective beach clean-ups

- Interned as a teacher to help to improve the literacy levels of elementary school students in a disadvantaged area and to support local teachers
- Provided general assistance to classroom teachers, including distributing paperwork and cleaning up play areas

2018-09 -

School Building and Teacher Volunteer

2018-10

Projects Abroad, Aburi, Ghana

- Assisted with School Building to achieve a secondary school facility in an isolated rural area
- Planned and delivered numerous leisure activities and lessons for the neighboring primary school
- Worked as a music teacher in neighboring primary school
- Collaborated with community program leaders to make resources accessible to those in need
- Participated in arts and crafts workshops for disabled children
- Instructed students in reading to encourage recall of educational content
- Helped prepare competitive debate sessions in major boarding schools and supported student groups in their public appearance and communication skills

2018-06 -

Babysitting in Marbella City Center

2018-08

Private Family, Marbella, Málaga

- Babysitted a 5 year old boy and a 9 year old girl (part-time)
- Provided spanish lessons to the children
- Accompanied family on several weekend trips

Education

2017-09 -

High School Diploma

2018-05

Las Chapas Attendis - Marbella

I completed my first year of Baccalaureate in the field of Humanities and Social Science . In my second year , I transferred to a Baccalaureate in Pure Sciences , completing the studies of both years one and two in this field in one single academic year .

2020-02 -

Bachelor of Arts: Liberal Arts And Sciences

Current

Maastricht University - Maastricht, The Netherlands

I am currently a Bachelor's student at Maastricht University in Holland. This degree is studied in English. A liberal arts and sciences bachelor allows for

students to mix and select different courses of different fields. I am currently focusing on political philosophy and sociology.

Accomplishments and Part Time Jobs

- Holder of an Advanced Power-boat and Sailing boat License
 - Completed elementary grade (4 years) in Conservatoire Piano studies
 - Completed elementary grade (4 years) in Conservatoire Transversal Flute studies
 - At 13 years of age obtained FCE with an overall grade of an A
 - Assist my father (plastic surgeon) in the planning and developing of medical courses for doctors and recording lectures and techniques applied during the course for online knowledge spreading
 - Habitually collaborate with team of Surgeons in the development of operations in my local hospital
 - Regularly volunteer in local animal shelters
 - Regularly impart private music and language lessons for children
 - Customarily volunteer in local animal shelters
 - Annually impart surf lessons as a summer job at Children's Camp
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Interests

Environmental and sustainability work

Music

Philosophy

Biology

Photography

Health work

International Relations

Hobbies

-Traveling

- Reading
- Horse Riding
- Sailing
- Volunteering
- Composing and guitar learning

